

Peter A. Torigian Senior Center

Meals Served between
11:30 am and 12:00 Noon

Meal Cost: \$3.00



Monday	Tuesday	Wednesday	Thursday	Friday
2 Salisbury Steak Basil Carrots Mashed Potatoes Orange Cake	3 Stuffed Cabbage Steamed Potatoes Greek Salad Yogurt	4 Reuben Sandwich Minestrone Soup Homemade coleslaw Watermelon	5 Reduced Sodium Hot Dog/Roll Ketchup, Mustard Bk Beans Pasta Salad Italian Ice	6 Gallo Nero Pizza Caesar Salad Chips Ice Cream
9 Chicken Salad w/Cranberries on a roll Cucumber Salad Potato Salad Watermelon	10 Chef's Salad (Turkey & Cheese, Strips, Greens, Tomato Wedge, Egg Half) Dressing Wheat Pita Bread Brownie	11 Meatball Sub Grated Cheese Homemade Cole Slaw Potato Salad Fruit Cup with Yogurt	12 Rst Stuffed Pork Gravy/Wild Rice Summer Vegetable Soup/Crackers Mango Apple Sauce	13 Gallo Nero Pizza Garden Salad Popcorn Ice Cream
16 Cheese Burger (Lettuce, Onion, Tomato, Pickles) French Fries Chilled Pears	17 Turkey Wrap Chicken Noodle Soup Crackers Homemade Cole Slaw Tapioca Pudding	18 Stuffed Pepper/Tomato Sauce Grated Cheese Steamed Potatoes Cookie	19 Bk Salmon/Lemon Wedge Twice Baked Potato Peas Chilled Apricots	20 Gallo Nero Pizza Greek Salad Chips Ice Cream
23 American Chop Suey Grated Cheese Seasoned Green Beans/Tossed Salad/Dressing Garlic Bread Chilled Pears	24 Tuscan Tuna Salad Italian Wedding Soup Crackers Pasta Salad Vanilla Pudding with Fruit	25 Chicken Broccoli Ziti Twice baked Potato Basil Carrots Chilled Peaches	26 Chicken Cordon Bleu Gravy Mashed Potato Broccoli & Cauliflower Strawberry Shortcake Roasted Red Pepper Humus and Crackers	27 Gallo Nero Pizza Caesar Salad Chips Ice Cream
30 Seafood Salad Potato Salad Tomatoes Salad Chocolate Pudding/ Topping	31 Steak Tips on Tossed Salad Dressing Potato Salad Lemon Meringue Pie	Menu Subject To Change Without Notice		