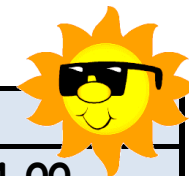






Peter A. Torigian Senior Center



July
2018

Lunch is served between
11:30 AM & 12:00 Noon

*Meal Cost: \$4.00
Friends Members: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Shredded Beef & Cheese on Wheat Sandwich Roll</u> Mayo PC Potato Salad Pasta Salad Vanilla Pudding with Strawberries and Kiwi	3 <u>Chef's Salad</u> (Turkey & Cheese, Strips, Greens, Tomato Wedge, Egg Half/Dressing Three Bean Salad Pita Bread/Sports bar <i>Birthday Cake</i> 	4 SENIOR CENTER CLOSED INDEPENDENCE DAY 	5 <u>Bk Meatloaf/Gravy</u> Summer Squash Prosciutto Salad Whipped Potatoes Multigrain Bread Chilled Peaches	6 <u>Fish Sandwich</u> with Cheese On a Roll Lettuce & Tomato Tartar Sauce/ Potato Puffs/Pasta Salad Chocolate Pudding Topping
9 <u>Macaroni & Cheese</u> Stewed Tomato Spinach Garlic Bread Chilled Peaches	10 <u>Italian Sausage Peppers & Onions</u> Mustard French Fries Tomato & Cucumber Salad Raspberry Cookie	11 <u>Shepherds Pie</u> (Gr. Beef, Whipped Potatoes, Corn) Carrots Green Beans and Red Pepper Hoodsie	12 <u>Stuffed Cabbage</u> Steamed Potatoes Greek Salad Scali Bread Chocolate Cream Pie	13 <u>Tuna Salad</u> on Hot Dog Roll Cucumber Salad Pasta salad with vegetables Tropical Fruit Salad
16 <u>Swedish Meatballs</u> Mushroom Gravy Parslied Whipped Potatoes Peas & Carrots Mini Muffin Italian Ice	17 <u>Pizza</u> Caesar Salad Chips Ice Tea Watermelon	18 <u>Summer BBQ</u> <u>BBQ Chicken & Ribs</u> Corn on Cob, Corn bread Homemade Coleslaw Potato Salad Ice Cream Sundae Lemonade 	19 <u>Lasagna</u> Meat Sauce Garden Salad/Dressing Garlic Bread Vanilla Pudding with Strawberries and Kiwi	20 <u>Chicken Cordon Bleu</u> Mash Potatoes Broccoli Multigrain Bread Fruit Cup
23 <u>BBQ Pulled Pork</u> on Roll Oven Fries Ketchup PC Sautéed Cabbage Chilled Mixed Fruit	24 <u>Turkey Roll up</u> Pasta Salad Cucumber Salad Roasted Pepper Hummus and Triscuit Bread Pudding	25 <u>Ziti/Meatballs</u> and Sauce Grated Cheese Tossed Salad/ Dressing Garlic Dinner Roll Chilled Peaches	26 <u>Seafood Salad</u> on a Roll Potato Salad Tomatoes Salad Chocolate Pudding/ Topping	27 <u>Vegetable Quiche</u> Roasted Potatoes Green Peas Red Pepper Multigrain Bread Tropical Fruit Salad
30 <u>Sodium Reduced Hot Dog on Roll</u> Baked Beans/ Ketchup, Mustard & Relish/ Homemade Coleslaw Chilled Pears	31 <u>Chicken Pot Pie</u> Glazed carrots and apples Mashed Potato White Bread Chilled Pears	*As stated in our April Newsletter and on our June menu, our meal cost has gone to \$4.00, unless you are a "Friends" member, at which the cost of a meal remains \$3.00. <i>Please show your Friends card when buying lunch. Thanks!</i>		MENU SUBJECT TO CHANGE WITHOUT NOTICE



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