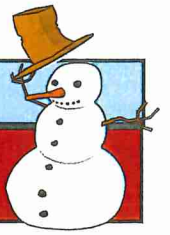




Peter A. Torigian Senior Center



December 2018
Happy Holidays

Lunch served between
11:30 am and 12:00 Noon

Meal Cost: \$4.00
Friends Members: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>Vegetable Quiche</u> Tomato Soup/Crackers Butternut Squash Wheat Bread Mixed Fruit	4 <u>Chicken & Sausage Jambalaya</u> Rice Vegetables Wheat Bread Fruit with Yogurt	5 <u>Stuffed Cabbage</u> Tomato Sauce Steamed Parsley Potatoes Carrots Lt Rye Bread Tapioca Pudding	6 <u>Roast Beef</u> Baked Potato/Sour Cream Winter Squash Wheat Dinner Roll Apple Crisp	7 <u>Fish Sandwich</u> Cheese, Lettuce, Tomato Tartar Sauce Cucumber Salad Pasta Salad Chocolate Pudding
10 <u>Chicken Breast Parmesan</u> Ziti/ Tomato Sauce Greek Salad Garlic Dinner Roll Hummus and Crackers Ice Cream	11 <u>Potato Crunch Fish</u> Tartar Sauce Wild Rice/Brown Rice/Peas/Onions Wheat Bread <i>Birthday Cake</i> 	12 <u>Turkey Roll Ups</u> Minestrone Soup Homemade Cole Slaw Popcorn Mandarin Oranges	13 <u>Shepherd's Pie</u> (Gr Beef, Corn, Whipped Potato) Gravy Carrots White Bread Blueberry cobbler	14 <u>Italian Sausage</u> Peppers & Onions On Roll Tossed Salad/ Dressing Chilled Pears
17 <u>Chicken Marsala</u> Mashed Potato Peas & Carrots Wheat Bread Chocolate Pudding	18 <u>Hotdog</u> On A Roll Fried Cabbage French Fries Ice Cream	19 HOLIDAY PARTY <u>Baked Stuffed Chicken</u> Supreme Sauce Mashed Red Bliss Potatoes/Green Beans Almandine/Chilled Cider/Cranberry Bread/Tiramisu	20 <u>Hamburger Stroganoff</u> Over Noodles Whipped potato Mixed Vegetable White Bread Ice cream	21 <u>Baked Scrod</u> Crumb Topping Lemon Wedge Oven Rst Potatoes Vegetable Medley Lt Rye Bread Bread Pudding/ Topping
24 <u>Vegetable Quiche</u> Tomato Soup/Crackers Butternut Squash Wheat Bread Mixed Fruit Holiday cookie	25 TORIGIAN SENIOR CENTER CLOSED  Christmas Day	26 <u>Shaved Beef Steak</u> Peppers & Onions on A Roll Carrots salad French Fries Oatmeal Bread Rice Pudding	27 New Year's Eve <u>Pasta Primavera</u> Fresh Vegetables Grated Cheese Caesar Salad Dinner Roll Cheese Platter with crackers Apple Cider <i>Champagne toast</i> 	28 <u>Haddock</u> Corn Chowder Sweet Potato Dinner Roll Butterscotch Pudding
31 <u>Stuffed Shells</u> Meat Sauce Garden Salad Garlic Bread Custard Pie	Happy Holidays!			MENU SUBJECT TO CHANGE WITHOUT NOTICE