



Peter A. Torigian Senior Center

April
2024

Lunch is served
promptly at 11:30 a.m.

Meal Cost: \$5.00
Friends Members: \$4.00

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| <p>1</p> <p><u>Mac & Cheese</u> Stewed Potatoes Peas and Onions Grapenut Pudding</p> | <p>2</p> <p><u>Chicken Kabob</u> Salad/Pita Bread Rice Pudding Birthday Cake </p> | <p>3</p> <p><u>Italian Sausage</u> on Roll Onions & Peppers Mustard/Home Fries Tomato & Cucumber Salad Cookie</p> | <p>4</p> <p><u>Roast Beef</u> Gravy Baked Potato Sour Cream Corn and Pimentos</p> | <p>5</p> <p><u>Pete's Pizza</u> Caesar Salad Ice Cream</p> |
| <p>8</p> <p><u>Hot Dog</u> Reduced Sodium Condiments Baked Beans Sautéed Cabbage Butterscotch Pudding</p> | <p>9</p> <p><u>Steak Bomb</u> with Cheese on a Sub Roll French Fries/Ketchup Tomato Salad</p> | <p>10</p> <p><u>Stuffed Peppers</u> Tomato Sauce Steamed Potato Corn Ice Cream</p> | <p>11</p> <p><u>Baked Meatloaf</u> Onion Gravy Basil Carrots Garlic Mashed Potatoes Chilled Pears</p> | <p>12</p> <p><u>Shrimp Scampi</u> Over Rice Garden Salad Lemon Meringue Pie</p> |
| <p>15</p> <p><u>Patriot's Day</u> Center closed</p>  | <p>16</p> <p><u>Meatball Sub</u> Au Gratin Potatoes Corn Fruit and Yogurt</p> | <p>17</p> <p><u>Cheese burger</u> Potato Salad Homemade Cole Slaw Chips</p> | <p>18</p> <p><u>Roast Pork</u> Sauce Stuffing/Wild Rice Vegetable Medley (Broccoli, Cauliflower, Carrots & Red Pepper) Apple Crisp with Vanilla Ice Cream</p> | <p>19</p> <p><u>Grilled Salmon</u> Lt Bernaise Sauce Rice Pilaf Spinach Peaches And Strawberries</p> |
| <p>22</p> <p><u>Chicken Broccoli Alfredo</u> Over Pasta Broccoli Strawberry Cream Pie Popcorn</p> | <p>23</p> <p><u>Italian Sub</u> Chicken Noodle Soup Potato Puffs Lemon Squares</p> | <p>24</p> <p><u>Lasagna</u> Apple Juice Tomato Sauce/ Grated Cheese Seasoned Green Beans/Garlic Bread Butterscotch Pudding</p> | <p>25</p> <p><u>Chicken Cordon Bleu</u> Gravy Twice Baked Potato Corn & Pimentos Brownie</p> | <p>26</p> <p><u>Baked Haddock</u> Mashed Potatoes Butternut Squash Ice Cream</p> |
| <p>29</p> <p><u>American Chop Suey</u> Seasoned Broccoli Garlic Bread Chilled Pears</p> | <p>30</p> <p><u>Chicken Piccata</u> Guacamole salad Oven brown potato Cottage cheese & Peaches</p> | <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p> | <p>Frozen Meals-To-Go Can be purchased in the dining hall from 10:00 -12:00 & only cost \$3.00!</p> | <p>BREAKFAST is served in the Friends Café on Tuesdays and Thursdays! (MENUS IN LOBBY)</p> |