



Peter A. Torigian Senior Center



November
2017

Meals Served between
11:30 am and 12:00 Noon

Charge:
\$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	<p>1 <u>Meatloaf</u> Hearty Vegetable Soup/ Crackers Onion Gravy Whipped Potatoes Pears</p>	<p>2 <u>Chicken Cordon Bleu</u> Scalloped Potatoes Broccoli Multigrain Bread Strawberry Short cake</p>	<p>3 <u>Potato Crunch Fish</u> Tartar Sauce Oven Rst Potatoes Zucchini/Red Pepper Lt Rye Bread Butterscotch Pudding/ Topping</p>
<p>6 <u>Reduced Sodium Hot Dog</u> on a Hot Dog Roll Condiments Bk Beans Fried Cabbage Chilled Pears</p>	<p>7 <u>Boneless Chicken</u> Brown Herb & Rosemary Sauce Lyonnaise Potatoes Salad/Scali Bread <i>Birthday Cake</i> </p>	<p>8 <u>Beef Stew</u> Stew Vegetables Parsley Boiled Potato Corn Bread Ambrosia Salad</p>	<p>9 <u>Veterans Day</u> FREE lunch for Veterans <u>Stuffed Sole</u> With Broccoli and Cheese Lobster Sauce Oven Brown Potatoes Nice Dessert </p>	<p>10 Center Closed Veterans Day </p>
<p>13 <u>BBQ Chicken Breast</u> On A roll Cheese & Onion Oven Fries Greek Salad Vanilla Pudding with Fruit</p>	<p>14 <u>Macaroni & Cheese</u> Chunky Tomato Soup/Crackers Green & Golden Beans White Bread Chilled Pineapple</p>	<p>15 <u>Stuffed Cabbage</u> Tomato Sauce Steamed Parsley Potatoes Carrots Lt Rye Bread Cookie</p>	<p>16 Thanksgiving Special  <u>Rst Turkey/Gravy</u> Stuffing/Cranberry Sauce/Red Bliss Whipped Potatoes Rst Squash Parker House Roll Pie/Topping </p>	<p>17 <u>Fish Sandwich</u> with Cheese On a Roll Lettuce & Tomato Tartar Sauce Potato Puffs Pasta Salad Chocolate Pudding Topping</p>
<p>20 <u>Vegetable Quiche</u> Rst Potatoes Green Peas/Red Pepper Multigrain Bread Tropical Fruit Salad</p>	<p>21 <u>Ziti/Meatballs</u> Tomato Sauce Italian Seasoned Broccoli/Garlic Bread Butterscotch Pudding/ Topping</p>	<p>22 <u>Chicken Cacciatore</u> W/ Peppers & Onions Pasta Greek Salad Wheat Roll Chilled Pears</p>	<p>23 HAPPY THANKSGIVING  Center Closed</p>	<p>24 Torigian Senior Center CLOSED For Holiday Weekend</p>
<p>27 <u>Cheese Lasagna</u> Meat Sauce Apple Juice Basil Carrots Garlic Bread Chilled Apricots</p>	<p>28 <u>Haddock</u> Lyonnaise Potatoes Peas*/Red Pepper Multigrain Bread Chilled Peaches</p>	<p>29 <u>Chicken Broccoli Fettuccini</u> Caesar Salad Corn & Pimientos Hoodsie Cup</p>	<p>30 <u>Shepherd's Pie</u> Gravy Green Beans Lt Rye Bread Tapioca Pudding</p>	



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