



**SouthBay**  
Community Services  
Compassion | Outreach | Wellness

South Bay is a community-based, behavioral health care organization offering a continuum of services including adult behavioral health, substance abuse counseling, children's behavioral health, day services, autism services, and early childhood services. Our extended consumer outreach program allows our expert team of clinicians to come to you. In addition, we offer a full range of services at 20+ facilities serving Massachusetts, Connecticut, and Rhode Island.

### **Services Include:**

Individual Therapy ☼ Family/Couples Therapy ☼ Group Therapy  
School Based Services ☼ Outreach & Office Based ☼ In-Home Therapy  
Therapeutic Mentoring ☼ Medication Management

### **Insurances Accepted:**

Massachusetts Behavioral Health Plan  
Beacon (Neighborhood Health Plan, Boston Health Net and Fallon)  
Medicare/Medicaid  
United Behavioral Health/Harvard Pilgrim  
And others!!

Services can take place in the home, school, or community settings  
Please see our website for additional locations where services are offered throughout the state  
<http://www.southbaycommunityservices.com/>

## To Make a Referral:

Please contact us at 508-427-5362 and have available the following information regarding the person being referred:

- ★ Address
- ★ Date of Birth
- ★ Reason for Referral
- ★ Type of Insurance and Insurance Number
- ★ Any Special Requests (i.e., Outreach/Office Appointments, Female/Male Therapist)

## Not sure if you should make a referral?

Some reasons to refer someone for our services:

- ★ Depression, Anxiety, or Excessive anger
- ★ Trauma (i.e. abuse, neglect, car accident)
- ★ Grief (loss of a loved one, a job, a home)
- ★ Family system change (divorce, marriage, new baby)
- ★ Relationship Issues
- ★ Gender Dysphoria
- ★ Chronic/Terminal illness
- ★ Substance abuse
- ★ Self-harm behaviors (cutting, suicidal gestures, eating disorder)
- ★ Inadequate school or work performance
- ★ Psychiatric hospitalization
- ★ Financial stress/hardship
- ★ A 51A is filed
- ★ Legal involvement
- ★ Parenting or behavior concerns

## Children's Behavioral Health Initiative

### ★ Therapeutic Mentoring

Therapeutic Mentoring offers structured, one-to-one, strengths-based support services between a therapeutic mentor and a youth for the purpose of addressing daily living, social, and communication needs. These services are provided to youth (under the age of 21) in any setting where the youth resides and/or any other community setting.

### ★ In-Home Therapy

In-Home Therapy is a family driven, strengths based, collaborative, team based approach that provides intensive in-home family centered therapy services aimed at treating a youth's behavioral and emotional health needs while improving the family's ability to provide effective support.

## OFFICE LOCATION \_\_\_\_\_

DAY        EI        MH       

**Any Present Aggressive Behaviors:** Yes \_\_\_\_\_ No \_\_\_\_\_ **Any Current Substance Use:** \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

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