<table>
<thead>
<tr>
<th>CLASS / ACTIVITY</th>
<th>ROOM</th>
<th>DAY</th>
<th>TIME</th>
<th>COST</th>
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<tbody>
<tr>
<td>AEROBICS</td>
<td>JUBILEE HALL</td>
<td>MON. WED. FRI.</td>
<td>9:00AM - 10:00AM</td>
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<tr>
<td>AGING BACKWARDS</td>
<td>JUBILEE HALL</td>
<td>TUESDAY</td>
<td>9:15AM - 10:15AM</td>
<td>$4.00/CLASS</td>
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<tr>
<td>BIG BAND DANCING</td>
<td>JUBILEE HALL</td>
<td>THURSDAY</td>
<td>9:30AM - 11:30AM</td>
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<tr>
<td>BOOK CLUB</td>
<td>CONFERENCE ROOM</td>
<td>2ND WEDNESDAY OF MONTH</td>
<td>10:30AM - 11:30AM</td>
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<tr>
<td>BUNKA WORKSHOP</td>
<td>ART ROOM</td>
<td>TUESDAY</td>
<td>9:00AM - 11:30AM</td>
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<tr>
<td>CHAIR YOGA</td>
<td>JUBILEE HALL</td>
<td>MONDAY</td>
<td>10:00AM - 11:00AM</td>
<td>8WKS/$30/$5 CLASS</td>
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<tr>
<td>COMPUTER / PHONE HELP</td>
<td>COMPUTER ROOM</td>
<td>1ST &amp; 3RD FRIDAY/MONTH</td>
<td>9:00AM - 11:00AM</td>
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<tr>
<td>DRILL TEAM</td>
<td>JUBILEE HALL</td>
<td>WEDNESDAY</td>
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<tr>
<td>DUPLICATE BRIDGE</td>
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<tr>
<td>FITNESS ROOM</td>
<td>FITNESS ROOM</td>
<td>EVERY DAY (M-F)</td>
<td>8:00AM - 1:45PM</td>
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<tr>
<td>FOREVER YOUNG CHORUS</td>
<td>JUBILEE HALL</td>
<td>THURSDAYS</td>
<td>12:30PM - 2:30PM</td>
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<tr>
<td>KNITTING / CROCHETING</td>
<td>CLASSROOM A</td>
<td>TUESDAY</td>
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<td>MAH JONGG</td>
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<td>ART ROOM</td>
<td>WEDNESDAY</td>
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<tr>
<td>MOVIE</td>
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<td>TUESDAY</td>
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<tr>
<td>PAINTING</td>
<td>ART ROOM</td>
<td>THURSDAY &amp; FRIDAY</td>
<td>8:30AM - 11:30AM</td>
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<tr>
<td>PLAY POOL</td>
<td>POOL ROOM</td>
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<td>8:00AM - 3:00PM</td>
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<td>QUILTING</td>
<td>CLASSROOM A</td>
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<td>8:00AM - 11:30AM</td>
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<td>RHYTHM &amp; RELAX</td>
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<td>WHIST</td>
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<td>TUES. (EXCEPT 3RD) &amp; THURS.</td>
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<td>WOOD CARVING</td>
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HEALTH / WELLNESS CLINICS AND SUPPORT GROUPS

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<tr>
<th>ACTIVITY</th>
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<tr>
<td>HEARING SCREENINGS</td>
<td>HEALTH ROOM</td>
<td>4TH THURS. OF MONTH</td>
<td>10:00 AM - 1:00 PM</td>
<td>Donald White</td>
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<tr>
<td>DAV GROUP</td>
<td>CONFERENCE ROOM</td>
<td>3RD WED. OF MONTH</td>
<td>9:30AM - 11:00AM</td>
<td>Judy Enos: 978-290-6080</td>
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<td>LOW VISION GROUP</td>
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<td>12:30 PM - 2:00 PM</td>
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<td>WEIGH-IN - 8:30AM-9:15AM</td>
<td>MEETING - 9:30AM-10:30AM</td>
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<td>COMPUTER ROOM</td>
<td>3RD TUES. OF MONTH</td>
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<td>Tom Moran 978-968-0999</td>
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