

## ACTIVITIES

<u>CLASS / ACTIVITY</u>	<u>ROOM</u>	<u>DAY</u>	<u>TIME</u>	<u>COST</u>
AEROBICS	JUBILEE HALL	MON. WED. FRI.	9:00AM - 10:00AM	FREE
AGING BACKWARDS	JUBILEE HALL	TUESDAY	9:15AM - 10:15AM	\$4.00/CLASS
BIG BAND DANCING	JUBILEE HALL	THURSDAY	9:30AM - 11:30AM	FREE
BOOK CLUB	CONFERENCE ROOM	2ND WEDNSDAY OF MONTH	10:30AM - 11:30AM	FREE
BUNKA WORKSHOP	ART ROOM	TUESDAY	9:00AM - 11:30AM	FREE
CHAIR YOGA	JUBILEE HALL	MONDAY	10:00AM - 11:00AM	8WKS/\$30/\$5 CLASS
COMPUTER / PHONE HELP	COMPUTER ROOM	1ST & 3RD FRIDAY/MONTH	9:00AM - 11:00AM	FREE
DRILL TEAM	JUBILEE HALL	WEDNESDAY	12:00PM - 1:30PM	FREE
DUPLICATE BRIDGE	COMPUTER ROOM	MONDAY	9:00AM - 1:00PM	FREE
FITNESS ROOM	FITNESS ROOM	EVERY DAY (M-F)	8:00AM - 1:45PM	FREE
FOREVER YOUNG CHORUS	JUBILEE HALL	THURSDAYS	12:30PM - 2:30PM	SEASONAL
KNITTING / CROCHETING	CLASSROOM A	TUESDAY	12:00PM - 2:30PM	FREE
LINE DANCING	JUBILEE HALL	TUESDAY	10:30AM - 11:30AM	\$5.00/CLASS
MAH JONGG	COMPUTER ROOM	TUESDAY	12:00AM - 3:00PM	FREE
MODEL SHIP BUILDING	ART ROOM	WEDNESDAY	12:00pM - 2:30PM	FREE
MOVIE	JUBILEE HALL	TUESDAY	12:15PM - 2:15PM	FREE
PAINTING	ART ROOM	THURSDAY & FRIDAY	8:30AM - 11:30AM	FREE
PLAY POOL	POOL ROOM	EVERY DAY (M-F)	8:00AM - 3:00PM	FREE
QUILTING	CLASSROOM A	THURSDAY	8:00AM - 11:30AM	FREE
RHYTHM & RELAX	JUBILEE HALL	FRIDAY	11:15AM - 12:15PM	\$4.00/CLASS
RUG HOOKING	COMPUTER ROOM	WEDNESDAY	9:00AM - 11:30AM	10WKS/\$40.00
SCRABBLE	COMPUTER ROOM	WEDNESDAY	11:30AM - 2:00PM	FREE
SEWING & REPAIR SHOP	CLASSROOM A	WEDNESDAY	8:00AM - 11:00AM	There's a Cost per Item
TABLE-TENNIS/ PING-PONG	COMPUTER ROOM	FRIDAY	12:30AM - 3:00PM	FREE
WHIST	COMPUTER ROOM	TUES. (EXCEPT 3RD) & THURS.	8:30AM - 11:00AM	FREE
WOOD CARVING	ART ROOM	WEDNESDAY	9:00AM - 11:30AM	FREE
WOOD WORKING	WOOD SHOP	EVERY DAY (M-F)	8:00AM - 2:30PM	-
ZUMBA	JUBILEE HALL	MONDAY	11:15AM - 12:15PM	\$4.00/CLASS
ZUMBA	JUBILEE HALL	WEDNESDAY	10:15AM - 11:15AM	\$4.00/CLASS
ZUMBA GOLD TONING	JUBILEE HALL	FRIDAY	10:00AM - 10:45AM	\$4.00/CLASS
<b>HEALTH / WELLNESS CLINICS AND SUPPORT GROUPS</b>				
HEARING SCREENINGS	HEALTH ROOM	4TH THURS. OF MONTH	10:00 AM - 1:00 PM	
DAV GROUP	CONFERENCE ROOM	3RD WED. OF MONTH	9:30AM - 11:00AM	Donald White
LOW VISION GROUP	CLASSROOM A	2ND WED. OF MONTH	12:30 PM - 2:00 PM	Judy Enos: 978-290-6080
TOPS	CLASSROOM A	FRIDAYS	WEIGH-IN - 8:30AM-9:15AM	MEETING - 9:30AM-10:30AM
VETERAN'S GROUP	COMPUTER ROOM	3RD TUES. OF MONTH	9:30AM - 10:30AM	Tom Moran 978-968-0999