

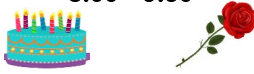

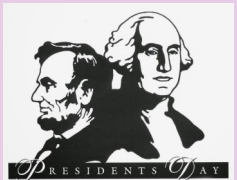


PEABODY COUNCIL ON AGING: ACTIVITIES CALENDAR - February 2019

MONDAY 	TUESDAY Woodworking Shop Open Daily 8:30 –11:30 am	WEDNESDAY Fitness Room Open Daily 8:00—11:00 12:00—3:00 It's Free 	THURSDAY 3	FRIDAY 1
4 9:00 Aerobics 9:00 Duplicate Bridge 9:00 Learn Mah Jongg 9:30 Podiatry 11:15 Zumba 12:30 Bridge 12:30 Model Ship Building 12:30 Bingo 1:00 Food Commodity	5 9:00 Taxes 9:15 Whist 9:30 Book Club 9:30 Exercise w/ Edye 10:30 Line Dancing 11:30 Birthday Celebration 12:00 Mah Jongg 12:30 Crocheting/Knitting Café Breakfast 8:00—9:30 	6 9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 12:30 Golden Agers Meeting 1:00 NARFE Meeting	7 8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Fall Risk Eval. 12:30 Bridge 12:30 Corn Hole 12:30 Loss of Spouse Support Group 1:00 Sing-a-Long 2:00 Show Rehearsal Breakfast 8-9am	8 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:30 Bingo 12:00 Open Art Studio 12:30 Bingo 1:00 Ping-Pong
11 9:00 Aerobics 9:00 Duplicate Bridge 9:00 Learn Mah Jongg 11:15 Zumba 12:30 Bridge 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp	12 9:00 Taxes 9:00 Peabody Reacts 9:15 Whist 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 4:00 Drivers Meeting Café Breakfast 8:00—9:30	13 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Low Vision Group 12:30 Model Ship Building Valentine's Day Party 	14 8:30 Quilting 9:15 Whist 9:30 Walk-in-Blood pressure 9:30 Advanced Painting 9:30 Big Band Dancing 12:00 Bridge 12:30 Corn Hole 12:30 Loss of Spouse Support Group 1:00 Sing-a-Long 2:00 Show Rehearsal Breakfast 8-9am	15 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 10:45 Positive Aging Group 11:15 Chair Yoga 12:00 NARFE Mailing 12:00 Open Art Studio 12:30 Bingo 1:00 Ping-Pong 1:00 Scrabble
18 CENTER CLOSED PRESIDENT'S DAY 	19 9:00 Taxes 9:15 Whist 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting Café Breakfast 8:00—9:30 Tickets on sale for St. Pat's Day Party	20 9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 2:00 Homeless Providers Meeting	21 8:30 Quilting 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 12:30 Bridge 12:30 Corn Hole 12:30 Loss of Spouse Support Group 1:00 Sing-a-Long 1:00 ALS Support Group 2:00 Show Rehearsal Breakfast 8-9am	22 8:00 Tips & Topics Labels 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Ping-Pong
25 8:00 Tips & Topics 9:00 Joan Lovely's Office Hour 9:00 Aerobics 9:00 Duplicate Bridge 9:00 Learn Mah Jongg 11:15 Zumba 12:30 Bridge 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp 3:00 Board of Directors Meeting 6:30 Green Peabody	26 9:00 Taxes 9:15 Whist 9:30 Veterans Group 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting Café Breakfast 8:00—9:30	27 9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Monthly Movie 12:30 Model Ship Building 1:00 Crazy Cards	28 8:30 Quilting 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Hearing Screenings 12:30 Bridge 12:30 Corn Hole 1:00 Sing-a-Long 2:00 Show Rehearsal Breakfast 8-9am	