

# PEABODY COUNCIL ON AGING: ACTIVITIES CALENDAR - July 2017

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<p>9:00 Aerobics 9:00 Duplicate Bridge 10:00 Bridge 10:00 Drill Team 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p><b>SENIOR CENTER CLOSED</b></p> <p><b>FOURTH OF JULY</b></p>	<p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 12:30 Golden Agers Meet</p>	<p>8:30 Quilting 9:15 Whist 9:30 Oil Painting/advanced 9:30 Big Band Dancing 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>8:00 Beginner Oil Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p>
<p>9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 10:00 Bridge 10:00 Drill Team 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp</p>	<p>9:00 Peabody Kiosk 9:00 Peabody Reacts 9:15 Whist 9:30 Book Club 9:30 Exercise w/ Edge 9:30 Library on the Road 10:30 Line Dancing 11:30 Birthday Celebration 12:00 Mah Jongg 12:30 Crocheting/Knitting 4:00 Drivers Meeting</p> <p><b>Birthday Cake</b> </p>	<p>9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Low Vision Group 12:30 Model Ship Building</p> <p style="text-align: center;"> <b>SUMMER COOKOUT</b></p>	<p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Walk-in-Blood pressure 9:30 Oil Painting/ advanced 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>8:00 Beginner Oil Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 9:30 Vets Legal Service 10:30 Coping w/Grief/Loss 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 2:30 Ping-Pong</p>
<p>9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p>9:00 Peabody Kiosk 9:15 Whist 9:30 Exercise w/ Edge 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 12:30 Monthly Movie</p>	<p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 10:30 Disabled Veterans Gr 12:30 Model Ship Building 12:30 "Money Management" 2:00 Homeless Providers Meeting</p>	<p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Oil Painting/advanced 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>8:00 Beginner Oil Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p>
<p>9:00 Aerobics 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp</p>	<p>9:00 Peabody Kiosk 9:15 Whist 9:30 Veteran's Group 9:30 Exercise w/ Edge 10:00 Rockport Trip 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting</p>	<p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 1:00 Crazy Cards 1:30 TRIAD Meeting</p>	<p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Oil Painting/ advanced 10:00 Bridge 10:00 Hearing screenings 12:30 Bocce 1:00 Sing-a-Long 1:30 ALS Support Group</p>	<p>8:00 Beginner Oil Painting 9:00 Aerobics 8:00 TOPS Weigh In 9:00 TOPS Meeting 9:30 Vets Legal Service 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 2:30 Ping-Pong</p>
<p>9:00 Aerobics 9:00 Duplicate Bridge 10:00 Bridge 10:00 Drill Team 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p><b>July 4</b></p> 	<p><b>WALKING CLUB</b></p> <p>Tuesdays and Thursdays from 8:00 - 9:00am</p>  <p><b>Come walk the track</b></p>	<p><b>Fitness Room</b></p> <p>Monday-Friday 8-11:00 a.m. and 12-3:00 p.m.</p> <p><b>IT'S FREE!</b> </p>	<p><b>Woodworking Shop</b></p> <p>Open Daily 8:30 -11:30 am</p> 