

# PEABODY COUNCIL ON AGING: ACTIVITIES CALENDAR - November 2018

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> 1	<u>FRIDAY</u> 2
<p style="text-align: center;"><b>5</b></p> <p>9:00 Duplicate Bridge 9:30 Tambourine Team 10:00 Drill Team 10:00 Bridge 12:30 Model Ship Building 12:30 Bingo 12:30 Dress Rehearsal 1:00 Food Commodity</p>	<p style="text-align: center;"><b>6</b></p> <p><b>Fitness Room</b> <b>Open Daily</b> <b>8:00—11:00</b> <b>12:00—3:00</b></p> 	<p style="text-align: center;"><b>7</b></p> <p>9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 12:30 Model Ship Building 2:30 Cast Party</p> <p style="text-align: center;"><b>Fitness Room Closed!</b></p> <p style="text-align: center;"><b>Variety Show</b> <b>12:30pm</b></p>	<p>8:00 Breakfast 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Fall Risk Evaluation 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Bridge 12:30 Loss of Spouse Gr. 1:00 Sing-a-Long 2:00 Show Rehearsal</p> <p style="text-align: center;"><b>8</b></p>	<p>8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 10:45 Positive Aging Gr. 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p> <p style="text-align: center;"><b>9</b></p>
<p style="text-align: center;"><b>12</b></p> <p style="text-align: center;"><b>CLOSED FOR</b> <b>Veterans Day</b></p> 	<p style="text-align: center;"><b>13</b></p> <p>9:00 Peabody Reacts 9:00 Hug-a-Bears 9:15 Whist 9:30 Exercise w/ Edge 9:30 Japanese Bunka 9:30 Library on the Road 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting</p>	<p style="text-align: center;"><b>14</b></p> <p>9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 9:00 Sewing/Repair 9:30 DAV meeting 10:15 Zumba 12:30 Party Set-up 12:30 Model Ship Building 12:30 Low Vision Group 1:00 NARFE Meeting</p>	<p style="text-align: center;"><b>15</b></p> <p>8:00 Breakfast 8:30 Quilting 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 12:30 Loss of Spouse Grp. 1:00 Sing-a-Long 1:30 ALSupport Group 5:00 Memory Cafe</p> <p style="text-align: center;"><b>Our Thanksgiving</b> <b>Celebration Party</b></p>	<p style="text-align: center;"><b>16</b></p> <p>8:00 Labels 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 10:45 Positive Aging Gr. 11:15 Chair Yoga 12:00 NARFE Mailing 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p>
<p style="text-align: center;"><b>19</b></p> <p>8:00 Tips &amp; Topics 9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 9:30 Tambourine Team 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p style="text-align: center;"><b>20</b></p> <p>9:00 Hug-a-Bears 9:15 Whist 9:30 Exercise w/ Edge 9:30 Japanese Bunka 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 4:30 Job Networking</p>	<p style="text-align: center;"><b>21</b></p> <p>9:00 Aerobics 9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 9:30 DAV Meeting 10:15 Zumba 12:30 Model Ship Building 12:30 Monthly Movie 2:00 Homeless Providers Meeting</p>	<p style="text-align: center;"><b>22</b></p> <p style="text-align: center;"><b>CLOSED</b></p> 	<p style="text-align: center;"><b>23</b></p> 
<p style="text-align: center;"><b>26</b></p> <p>9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 9:30 Tambourine Team 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp 3:00 Board of Directors Meeting 6:30 Green Peabody</p>	<p style="text-align: center;"><b>27</b></p> <p>9:00 Hug-a-Bears 9:15 Whist 9:30 Veterans Group 9:30 Exercise w/ Edge 9:30 Japanese Bunka 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting</p>  <p style="text-align: center;"><b>Holiday Party</b> <b>Tickets On Sale</b></p>	<p style="text-align: center;"><b>28</b></p> <p>9:00 Aerobics 9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 1:00 Crazy Cards</p>	<p style="text-align: center;"><b>29</b></p> <p>8:00 Breakfast 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Bridge 12:30 Loss of Spouse Gr. 1:00 Sing-a-Long</p> <p style="text-align: center;"><b>JEWELRY TABLE</b> <b>In LOBBY! 9-2</b></p>	<p style="text-align: center;"><b>30</b></p> <p>8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo</p>