

PEABODY COUNCIL ON AGING: ACTIVITIES CALENDAR -

August 2017

<p>WALKING CLUB</p> <p>Tuesdays & Thursdays from 8:00 - 9:00am</p>  <p>Come walk the track!</p>	<p>TUESDAY 1</p> <p>9:00 Peabody Kiosk 9:15 Whist 9:30 Book Club 9:30 Exercise w/ Edye 10:30 Line Dancing 11:30 Birthday Celebration 12:00 Mah Jongg 12:30 Crocheting/Knitting</p> <p>Tickets on sale for "Rockin Lobsta" Party</p>	<p>WEDNESDAY 2</p> <p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 12:30 Golden Agers Meet</p> <p>Pizza & Comedy Night</p> 	<p>THURSDAY 3</p> <p>8:30 Quilting 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>FRIDAY 4</p> <p>8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p>
<p>7</p> <p>9:00 Aerobics 9:00 Duplicate Bridge 10:00 Bridge 10:00 Drill Team 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p>8</p> <p>9:00 Peabody Kiosk 9:00 Peabody Reacts 9:00 Hug-a-Bears 9:15 Whist 9:30 Exercise w/ Edye 9:30 Library on the Road 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 4:00 Drivers Meeting</p>	<p>9</p> <p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Low Vision Group 12:30 Model Ship Building</p>	<p>10</p> <p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Walk-in-Blood pressure 9:30 Advanced Painting 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>11</p> <p>8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 9:30 Vets Legal Service 10:30 Coping w/Grief/Loss 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 2:30 Ping-Pong</p>
<p>14</p> <p>9:00 Aerobics 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp</p>	<p>15</p> <p>9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:15 Whist 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 12:30 Monthly Movie</p>	<p>16</p> <p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 10:30 Disabled Veterans Gr 12:30 Model Ship Building 2:00 Homeless Providers Meeting</p>	<p>17</p> <p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long 2:00 Auditions for the Variety Show</p> <p>ROCKPORT TRIP</p> 	<p>18</p> <p>8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 NARFE Mailing 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble</p>
<p>21</p> <p>9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo</p>	<p>22</p> <p>9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:15 Whist 9:30 Veteran's Group 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 12:30 Party Set-up</p>	<p>23</p> <p>9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building</p> <p>"ROCKIN LOBSTA" PARTY</p> 	<p>24</p> <p>8:30 Quilting 9:15 Whist 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Bridge 10:00 Hearing screenings 12:30 Bocce 1:00 Sing-a-Long 1:30 ALS Support Group</p>	<p>25</p> <p>8:00 Beginner Painting 9:00 Aerobics 8:00 TOPS Weigh In 9:00 TOPS Meeting 9:30 Vets Legal Service 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 2:30 Ping-Pong</p>
<p>28</p> <p>9:00 Aerobics 9:00 Duplicate Bridge 9:30 Podiatry 10:00 Bridge 10:00 Drill Team 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:00 Caregivers Support Grp</p>	<p>29</p> <p>8:00 School Nurse Training 9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:15 Whist 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 12:30 North Shore Hearing Foundation Presentation</p>	<p>30</p> <p>9:00 Sewing/Repair 9:00 Aerobics 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 1:00 Crazy Cards</p>	<p>31</p> <p>8:30 Quilting 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long</p>	<p>Fitness Room Monday-Friday 8-11:00 a.m. and 12-3:00 p.m.</p> <p>IT'S FREE!</p> 