






# PEABODY COUNCIL ON AGING: ACTIVITIES CALENDAR - JUNE 2018

<b>MONDAY</b> 	<b>TUESDAY</b> <b>Walking Group</b> <b>Tues. &amp; Thurs.</b> <b>9:00am—10:00am</b> 	<b>WEDNESDAY</b> <b>Fitness Room</b> <b>Open Daily</b> <b>8:00—11:00</b> <b>12:00—3:00</b> 	<b>THURSDAY</b>	<b>FRIDAY</b> 1 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Computer Help 9:00 TOPS Meeting 9:30 Podiatry Clinic 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble
4 9:00 Aerobics 9:30 Podiatry 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 2:30 Friends Board Meeting	5 8:00 Café Breakfast 9:00 Peabody Kiosk 9:30 Book Club 9:15 Whist 9:30 & 12:30 Japanese    9:30 Exercise w/ Edy 10:30 Line Dancing 11:30 Birthday Celebration 12:00 Mah Jongg 12:30 Crocheting/Knitting 	6 9:00 Aerobics 9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:30 Model Ship Building 12:30 Golden Agers Meeting	7 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Fall Risk Evaluation 9:30 Big Band Dancing 9:30 Advanced Painting 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long <b>Breakfast</b> <b>8-9am</b>	8 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio  <b>Volunteer Diner</b> At Danversport Yacht Club
11 9:00 Aerobics 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo 12:30 Food Commodity 2:00 Caregivers Support Grp	12 8:00 Café Breakfast 9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:00 Peabody Reacts 9:15 Whist 9:30 Library on the Road 9:30 & 12:30 Japanese Bunka 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting 4:00 Drivers Meeting	13 9:00 Aerobics 9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 10:15 Zumba 12:00 Golden Agers Party 12:30 Low Vision Group 12:30 Model Ship Building	14 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Walk-in-Blood pressure 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long <b>Breakfast</b> <b>8-9am</b>	15 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 Computer Help 9:00 TOPS Meeting 9:30 Podiatry Clinic 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 1:00 Scrabble
18 9:00 Aerobics 9:00 Sen. Lovely's Office Hours 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 12:30 Bingo	19 8:00 Café Breakfast 9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:15 Whist 9:30 & 12:30 Japanese Bunka 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:15 Monthly Movie 12:30 Crocheting/Knitting  <b>Tickets on sale for Summer Cookout</b>	20 9:00 Aerobics 9:00 Sewing/Repair 9:00 Rug Hooking 9:00 Wood Carving 9:30 DAV Meeting 10:15 Zumba 12:30 Model Ship Building 1:00 Crazy Cards 2:00 Homeless Providers Meeting 12:30 <b>"How to Reduce Your Chronic Pain"</b>	21 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 12:30 Bocce 1:00 Sing-a-Long  <b>Breakfast</b> <b>8-9am</b>	22 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo 2:30 Ping-Pong
25 8:00 Tips & Topics 9:00 Aerobics 9:00 Duplicate Bridge 10:00 Drill Team 10:00 Bridge 11:15 Zumba 12:30 Model Ship Building 2:00 Caregivers Support Grp 2:30 Board of Directors Meeting	26 8:00 Café Breakfast 9:00 Peabody Kiosk 9:00 Hug-a-Bears 9:15 Whist 9:30 Veterans Group 9:30 & 12:30 Japanese Bunka 9:30 Exercise w/ Edye 10:30 Line Dancing 12:00 Mah Jongg 12:30 Crocheting/Knitting	27 9:00 Wood Carving 12:30 Model Ship Building  <b>"FUN &amp; GAMES DAY"</b> With singer Julie Doherty	28 8:30 Quilting 9:00 Watch Battery Replacement 9:15 Whist 9:30 Advanced Painting 9:30 Big Band Dancing 10:00 Bridge 10:00 Hearing Screening 12:30 Bocce 1:00 Sing-a-Long 1:30 ALS Support Group <b>Breakfast</b> <b>8-9am</b>	29 8:00 Beginner Painting 8:00 TOPS Weigh In 9:00 Aerobics 9:00 TOPS Meeting 11:15 Chair Yoga 12:00 Open Art Studio 12:30 Bingo