

JOIN US AT PILGRIM REHABILITATION AND
SKILLED NURSING CENTER

Better Breathers Club

Support Group for Adults with Lung Disease



**The Better Breathers Club meets the second Wednesday of each month
from 2:00 – 3:30 p.m., except for July and August.**

PILGRIM REHABILITATION AND SKILLED NURSING CENTER
96 Forest Street • Peabody, MA

Join us and enjoy light refreshments, learn ways to better cope with Chronic Lung Disease while connecting with others facing similar challenges. Get the tools you need to live a better quality of life.

**To RSVP or learn more, call 978-532-0303.
Admission is Free.**



**Pilgrim Rehabilitation
and Skilled Nursing Center**

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