

North Shore Center *for Hoarding & Cluttering*

Non-Judgmental Support for Individuals & Families Struggling With Clutter

Are your possessions taking over your home?

- Is clutter affecting you at home, work, or in your relationships?
- Does your clutter create safety issues in your home?
- Are you embarrassed or ashamed to have people in your home?

If you can answer “YES” to any of these questions,
there is help and support for you!

Register for the North Shore Center for Hoarding & Cluttering’s

De-Clutterer’s Group

10-week groups beginning the

last week in January

Session 1: Wednesdays, starting 1/30 10:00-11:30 AM

Session 2: Thursdays, starting 1/31 10:00-11:30 AM

Sessions are held at the offices of North Shore Elder Services
300 Rosewood Dr., Suite 200, Danvers, MA

There are no age or geographic restrictions
for group membership

Space is limited & pre-registration is required

For more information or to register, please contact :

Eileen Dacey, LCSW

978-624-2207 or edacey@nselder.org

**A portion of the cost for this program is now covered for Medicare Part B Participants*
Contact our office for more information.*

The North Shore Center for Hoarding & Cluttering is a program of North Shore Elder Services