



CareDimensions

*Compassionate expertise for advanced illness*

## Loss of Spouse/Partner



**Thursdays, Nov. 1 – Dec. 13**  
**12:30 – 2 PM**

*Peabody Council on Aging  
Torigian Community Life Center  
75 Rear Central Street, Peabody*

Care Dimensions will be offering a Loss of Spouse/Partner bereavement support group. It will be a safe space to process your grief, learn coping techniques, and make connections with others who are on a similar grief journey. This group will be held for 6 consecutive weeks, skipping Thanksgiving day.

**Space is limited so pre-registration is required by Oct. 25.**  
**For questions or to register, please call 978-774-5100**  
**or email [grief@CareDimensions.org](mailto:grief@CareDimensions.org)**